## OUTLOOK

## Your Retirement Countdown

## Preparing for retirement at any age

It's never too early to begin preparing for retirement. The planning tips below will help ensure that you are on track for a more successful and sustainable retirement—no matter how old you are!

out of school, don't ag overstretch your to	ge at which you'd like	Get an annual physical		
	Begin to determine the age at which you'd like to retire and how much you will need to save to reach that goal.	and exercise regularly to stay physically fit.	Consider consolidating your retirement savings plans to get a better view of your entire portfolio.	Begin to estimate all of your potential sources of retirement income.
		Increase contributions to your retirement savings account as your career advances and your income grows.		Enroll in Medicare when you turn 65.
Put money into a ca retirement savings to	Build an emergency cash fund of three to six months' worth		to your retirement savings plan. Review and update your retirement plan to make sure you know how much you should be saving and ensure your investment and asset allocation	Do what you can to save even more— consider adding bonuses or tax refunds to your retirement savings. Create or review your advanced medical directive, will, durable power of attorney, and letter of instruction.
advantage of any employer match.	tage of any over match. dvantage of ounding; the r you start saving, ore time your gs have a chance erate even more	Pay off any remaining student loan or credit card debt.		
compounding; the pa		Roll over your retirement savings account to an IRA if you change jobs.		
to generate even more earnings!		Consider contributing to an IRA in addition to your employer- sponsored retirement savings plan.		
			Research options for long-term care insurance—you may be able to save on monthly premium costs in your fifties.	



Brighten **your** outlook.

Rainy

Cloudy



